

Mothers Love Newsletter

www.mlchildcare.com.au | 1300 543 722 | October 2017



Welcome families for our October Newsletter!

It is great to see the warmer months approaching and children being able to spend more and more time outdoors. At Mothers Love, Our Educators promote for children to be SunSmart. Please ensure children wear appropriate clothing and have a hat in their bags or with the educator to enjoy the outdoors.

The warmer months also is time for germs to grow and children catching the diseases. Please as a gentle reminder, we would like inform that if your child shows symptoms of infectious diseases, please do not send them to family day care environment to ensure safety of other children.

Policy Update:

We would like to inform you that we have updated our policy on Sleep and rest and from now on all the educators will be following the Safe sleeping practices for putting children to sleep in cots.

If you have any concerns please speak with your educator or give us a call.

More information regarding SIDS and KIDS can be found at : www.rednose.com.au

We would love to hear from you.

Please let us know how you feel about your educators. Is there something she has done extremely well in the past or does she play an important role in your child's learning and development.

Drop in an email at admin@mlchildcare.com.au, clearly mentioning the name of the educator and what impressed you the most.

Reminder: Please sign and return the consent forms and return them to your educators ASAP to ensure that your child still attends the excursions and is able

SIDS and KIDS guidelines:

1. Sleep baby on the back from birth, not on the tummy or side.
2. Sleep baby with head and face uncovered
3. Keep baby smoke free before birth and after
4. Provide a safe sleeping environment night and day
5. Sleep baby in their own safe sleeping place in the same room as an adult care-giver for the first six to twelve months
6. Breastfeed baby

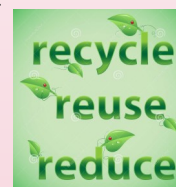
Donate and Recycle!

We are focusing on sustainability at the moment and would appreciate any donations from the parents such as spare clothes, toys, shoes etc. Please leave the items in good condition with your educator or at the office.

Thanks

How can I teach my children about Sustainability?

You can discuss with children about recycling (water, paper), our environment, such as plants, caring for



plants, and most importantly, how we can do our part for the environment. Simple measures include turning the tap off while brushing, using half flush, saving unused /recycled water for watering gardens, en-



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Discussion of the month: Recycling

Australians are among of the most prolific consumers in the world. Between 1996, when we launched National Recycling Week, and 2015, the waste generated in Australia grew by 170%, while the population increased by just 28%.

Educator of the Month



We Would love to award the Educator of the month to

ANITA DAVIS

Anita sets up engaging experiences for children and promotes their wellbeing communicating and engaging positively with children.

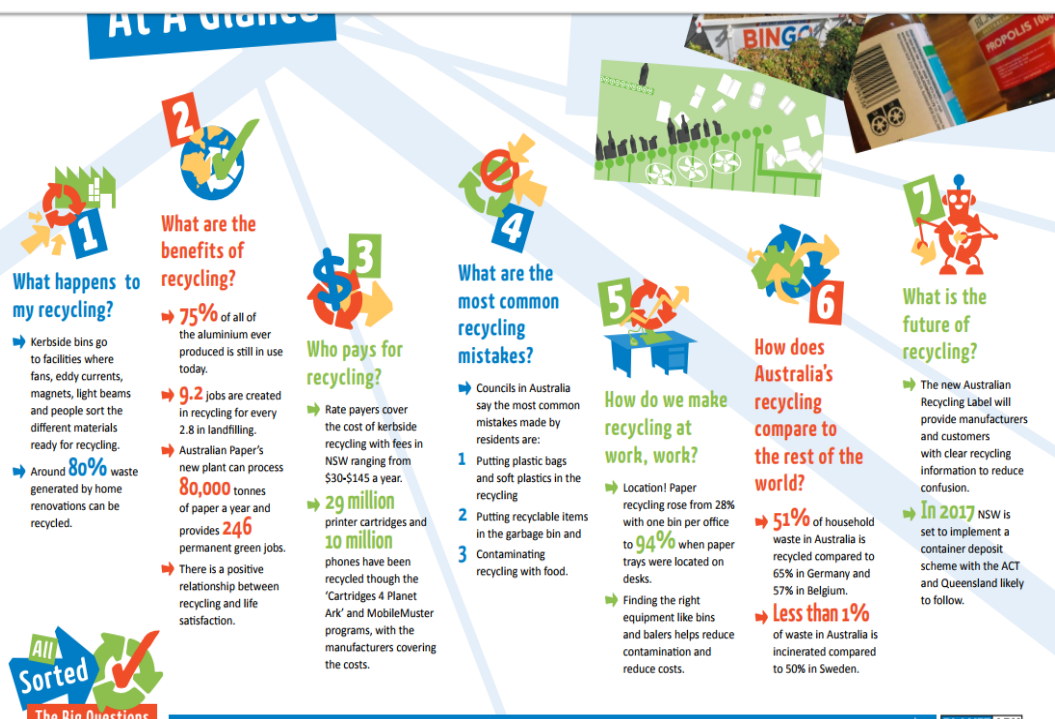
Upcoming events:

7th November: Melbourne cup - Public Holiday

13th– 19th November—National recycling week

17th December 2017– Whitehorse carols

26th January 2018– Whitehorse Australia Day Concert and Fireworks



Planet ark's national recycling week is a great initiative allowing families to take initiative and contribute to recycling. How can I contribute:

Host a Swap party: Invite your family and community to contribute and exchange the items in good condition.

Waste—free Lunch challenge: Pack your childs lunch waste free.

Friday filing day: Clear out all unused good quality paper that's stashed away in filing cabinets.

Recycled products: Use more recycled products at your home.

For more information visit planet ark's website.

